

REGISTRATION OPEN FOR 4TH ANNUAL THRIVE CONFERENCE

FOR AMERICAN INDIAN AND ALASKA NATIVE YOUTH

- Ages 13 - 19. Limit 4 youth per Tribe or Urban Area.
- 1-2 Chaperones per group registering.
- Registration is free and ends on June 13th!
- Activities, materials, and most meals will be provided.
- Travel, parking, and lodging are not included.

REGISTER AT - <https://www.surveymonkey.com/s/2014ThriveConference>

JUNE 23 - 27, 2014

LLOYD CENTER DOUBLETREE HOTEL, PORTLAND, OR

Youth workshop tracks & activities:

- We R Native Youth Ambassadors (NEW Leadership workshop! Application required.)
- Digital Storytelling
- Film Production
- Song Writing & Production
- Dancing and cultural sharing

Contact Information

**NORTHWEST PORTLAND
AREA INDIAN
HEALTH BOARD**

THRIVE and PRT Staff:

Colbie Caughlan until 4/15/14
and after 6/15/14

Phone:
503.416.3284

Email:
ccaughlan@npaihb.org

Tommy Ghost Dog from
4/16/14 till 6/14/14

Phone:
503.416.3259

Email:
tghostdog@npaihb.org

Web:
www.npaihb.org

WHY THIS CONFERENCE?

- Building protective factors, i.e. the workshop tracks, for youth can help reduce the chances of engaging in risky behaviors and increase self-esteem and confidence.
- Protective factors focused on: connectedness to friends and culture, engaging in activities, support, encouragement, and more!

DoubleTree Lloyd Center Hotel rates are \$113 - \$123/night for up to 4 in a room, use group "Annual THRIVE Conference" or register ONLINE using group code "TH6".
Call 1-800-996-0510 for reservations.
Deadline to reserve: June 9, 2014

**COME SHOW HOW YOU
STRENGTHEN YOUR NATION!**

**I STRENGTHEN
MY NATION**
THRIVE

VOLUNTEER/STAFF/CHAPERONE

CONSENT FORM

2014 4th Annual THRIVE Conference

June 23rd – June 27th, 2014



Please read the following carefully before you sign:

- I give permission to projects at the Northwest Portland Area Indian Health Board (NPAIHB), Beats Lyrics Leaders, and the Indian Health Service (IHS) to use my image (photographs, videos) and any quotes I may provide for positive program publicity and other educational purposes. I understand that these may be used in the newspaper, TV and radio announcements, reports/publications, and educational films.
- I agree to be drug and alcohol free throughout the entire conference. If I use tobacco I will only smoke in designated smoking areas that are not in view of any youth participant's and only during appropriate break times. If these rules are broken, I will be asked to leave.
- If I am a chaperone, I agree to be present and take part in the entire conference, and to assist the youth participants when needed. I understand that I am ultimately the person responsible for the youth I brought to the Conference although I may assist with the chaperoning of youth from other areas as well.
- I will use appropriate language and model honorable behavior, such as respect, integrity, honesty, and excellence. Profanity or sexualized language or jokes are inappropriate when working with youth, regardless whether it occurs face-to-face or by any other means.
- I understand that staff/volunteers/chaperones must take particular care when touching youth. Most adults understand the difference between appropriate physical contact such as a handshake or pat on the back, and contact that is sexual or disrespectful. Staff/volunteers/chaperones also must be cognizant of how any physical contact may be perceived.
- I understand that interactions with youth must both **be** appropriate and **appear** appropriate. It is expected that volunteer interactions with teens are at all times appropriate and professional. It is expected that adults will not act as a teens' counselor or advisor unless authorized or licensed to do so.
- I understand that staff/volunteers/chaperones are responsible for the quality of interactions. Youth often find it difficult to state discomfort or objections. Staff/volunteers/chaperones must be especially sensitive to physical and verbal cues that youth provide.
- I agree to try my best to keep youth respectful of conference attendees & facilities. **No bullying** is allowed by anyone.
- If I am a chaperone, I agree to escort youth if they choose to be part of activities around the downtown Portland area during the evening hours.
- I understand that the ratio of chaperones to youth must be 1 or 2:5.
- I understand that Conference staff from the NPAIHB, NARA Northwest, the DoubleTree hotel, and IHS are not responsible for lost youth or youth that choose to stray from the conference facilities.
- I certify to the best of my knowledge and belief that all of my statements and answers are true, correct, complete, and made in good faith.

Signature: _____ Date: _____

Printed Name: _____ Group or Organization: _____

Please send completed forms to THRIVE at the NPAIHB by fax or email by Friday, June 13th, 2014. If you have any questions or concerns regarding the chaperone form, please contact Tommy Ghost Dog at tghostdog@npaihb.org or (503) 416-3259 from April 15 – June 13 and Colbie Caughlan at ccaughlan@npaihb.org or (503) 416-3284 after June 13. Fax attn: THRIVE at 503.228.4801 or email to tghostdog@npaihb.org AND ccaughlan@npaihb.org.

PARENT LETTER & PERMISSION SLIP



The **2014 4th Annual THRIVE Conference** will take place at the DoubleTree Lloyd Center Hotel in Portland, OR from June 23rd - June 27th. **The conference is open to 13-19 year old Native youth across the country.**

The conference is being hosted by *THRIVE*, the suicide prevention program at the Northwest Portland Area Indian Health Board (NPAIHB) with funding from the *Meth & Suicide Prevention Initiative* grant from the Indian Health Service (IHS).

At the conference, participants will learn about the signs of suicide, the impacts of drug and alcohol abuse, how to be a resource for friends and family, and much more. Sessions will incorporate American Indian/Alaska Native culture, traditional learning strategies, and skill-building activities that educate youth about healthy behaviors. Participants will also learn to positively express their emotions and feelings about these challenging topics through interactive, educational workshop tracks. The four tracks are briefly described below:

- **Beats Lyrics Leaders (BLL):** Explore your way through cultures and heritage with music! BLL staff will be utilizing traditional games, storytelling, and native instruments to enhance this experience and make it as informative, fun, educational, and experiential as possible. BLL offers a hands-on approach to learning as they teach each participant, young and old, the ins-and-outs of beat making, lyric/song writing, and musical recording.
- **Digital Storytelling:** This workshop includes: writing and revising a script; learning to use audio, video, and photo editing software; recording a voiceover; selecting photos and music; putting all the elements together to complete the story; and sharing your story with other participants. Teens will receive a copy of their completed, 3- to 5-minute digital story and gain the skills needed to create additional digital stories on their own.
- **Film Production:** Youth will learn about film production and editing from the *Northwest Film Institute*
- **We R Native Youth Ambassadors (New Workshop!): *By application only.*** Do you have the desire to create positive change in your community? Do you have creative ideas that you would like to share with your fellow Native youth? Join the We R Native team as a Youth Ambassador and start today! You will get leadership training that will empower you to make a positive difference in your community. Meet the *Champions for Change* and learn how other youth stepped up and took action on issues important to them. Harness skills to promote We R Native, a multimedia health resource for Native teens and young adults. After the training you will embark on a yearlong journey to help promote We R Native by traveling to other communities or hosting your own events. The time is now to give youth in your community a voice, and this is a great stepping stone in doing so.

Registration for the conference is FREE! While the conference is free (including meals Monday – Thursday and half day Friday), travel to and from Portland, OR and lodging are the responsibilities of the youth, families, &/or Tribe. Each group of youth that attends must be accompanied by at least one chaperone from their community.

Parent/guardian written permission *and* the youth's signatures are both required *before* he/she can attend. If you have no objections to the following statements, please sign and return the attached permission slip. It will remain on file throughout the conference. If at any time, you have any questions, concerns or comments regarding the *2014 4th Annual THRIVE Conference*, please feel free to contact Tommy Ghost Dog at tghostdog@npaihb.org or (503) 416-3259 from April 15 – June 13 and Colbie Caughlan at ccaughlan@npaihb.org or (503) 416-3284 after June 13. Please return the signature page by **June 13, 2014**, fax attn: THRIVE at 503.228.4801 or email to tghostdog@npaihb.org **AND** ccaughlan@npaihb.org.

PERMISSION SLIP AND PARTICIPANT CONTRACT

2014 4th Annual THRIVE Conference

June 23rd - June 27th, 2014



Teen Rules & Expectations:

- I will not leave the assigned program area at any time, without permission of my chaperone and my workshop facilitator. I will stay for the duration of the conference unless negotiated with conference staff.
- I will observe established hours set forth by the conference agenda and my chaperone.
- I will not bring or use tobacco, alcohol, drugs (except those prescribed by my doctor), fireworks, firearms, pocket knives, or weapons of any kind. If I see anyone breaking this rule I will report it immediately.
- I understand that public displays of affection can be distracting to the group and it is not appropriate and I will refrain from them.
- I will dress appropriately to the occasion. My language will be appropriate and respectful of others.
- I will be responsible for all my personal property.
- I will respect other's personal property and personal space.
- I understand that bullying, belittling, disrespecting and putting down others is not allowed at any time.
- I will use personal electronics including cell phones at appropriate times and be respectful of conference workshops, speakers, and activities.
- As a conference participant, I give permission to projects at the NPAIHB (including *WeRNative*), Beats Lyrics Leaders and the IHS to use my image (photographs, videos) and any quotes I may provide for positive program publicity and other educational purposes. I understand that these may be used in the newspaper, TV and radio announcements, reports/publications, and educational films.

I certify to the best of my knowledge and belief that all of my statements and answers are true, correct, complete, and made in good faith.

Please complete the following and sign.

(For parent/guardian):

I, _____, give my permission for _____
Print Name (Parent/ Legal Guardian) Print Teen's Name

to participate in the 2014 4th Annual THRIVE Conference in Portland, Oregon.

Parent/Guardian Signature _____ Date: _____

(For teen participant):

I, _____, agree to the statements above and will participant in the *THRIVE Conference*.
Print Teen's Name

Teen Participant Signature _____ Date: _____

Please fax to: OR
NPAIHB
Attn: THRIVE Staff
503-228-4801

Scan and Email to:
tghostdog@npaihb.org
AND
ccaughlan@npaihb.org

by Friday June 13th

WERNATIVE

Want to join the We R Native team! Become a We R Native Youth Ambassador!



- Get leadership training at the 2014 THRIVE Conference
- Make a positive difference in your community
- Travel to other communities and represent We R Native
- Host events to promote We R Native
- Get paid for your time

How? Register for the 2014 THRIVE Youth Conference, find an adult mentor, and return the one-page application form. Twelve will be selected to join the We R Native Youth Ambassador Track.

Adult Reference • Mentor

As a We R Youth Ambassador, we will be asking you to carry out activities that might require assistance from an adult. Please choose a mentor that you trust, who can help guide you during your year-long ambassadorship. It can be a parent, chaperone, or teacher. Please have them review and sign your application form. They can contact Tommy Ghost Dog Jr. at 503-416-3259 or tghostdog@npaih.org if they have any questions.

Visit • www.WeRNative.org

We are a comprehensive health resource for Native youth, by Native youth. Get Info On:

- Staying Healthy • Coping with Tough Stuff • School and Scholarships
- Mini-Grants for Community Service Projects • Monthly Contests
- Native Blogs, Videos, & News • Ask Auntie Q&A Service

We R Native on Facebook

www.facebook.com/weRnative

Hint: Include spaces between "We R Native" and look for the "N"

Text **NATIVE** to **24587**

Receive weekly health tips, contests, and life advice.

Subscribe to our YouTube© Channel

www.youtube.com/user/weRnative

Our Values •

- **We are Native.** We are members of diverse and vibrant communities. Learn more about your culture, history, and current events.
- **I am Strong in Mind and Spirit.** By sharing with one another, we can teach each other lessons about self-confidence, self-respect, pride, courage, and spirituality.
- **I Control My Body.** My body is mine and mine alone. I have control over my physical and sexual health.
- **We Are Not Alone.** Regardless of the issue, there are other Native teens and young adults going through the same life challenges... hear their stories and share your own.
- **We can Change our World.** Community involvement is something that can start small and make a big impact. We have the tools you need to get started shaping your community in positive ways.

We R Native Youth Ambassador – Application Form

Personal Information

Name:

Tribe Affiliation:

Age:

Grade Level:

Chaperone Name:



Have you heard of, or visited the www.weRnative.org website? (Please check one)

- Yes No

Have you visited or used any of the following We R Native resources? (Please check all that apply)

- Facebook page Twitter Saw a presentation at a Conference
 YouTube channel Instagram I heard about it from a friend
 Text Messaging Service I entered a monthly contest Other:

Please select **ONE** role that you are most interested in carrying out as a **We R Native Youth Ambassador**:

- Reviewing and providing feedback on the We R Native website and monthly contests.
 Writing or contributing We R Native Facebook posts, website articles, blogs, videos, or text messages.
 Promoting We R Native to other teens and young adults at school, community events, or national conferences.

Why do you want to be a **We R Native Youth Ambassador**? (Use the back of this page if needed or a separate sheet of paper.)

What is one skill or personal attribute that you will bring to this position: _____

Tell us about a time you took on a leadership role at school or in your community. (Like being a team captain, club president, or helped organize a community event. Use the back of this page if needed or a separate sheet of paper.)

Adult Reference/Mentor:

I believe, _____ (youth), is a good candidate for this job. I agree to support him/her throughout this year-long project.

Youth Ambassador Signature: _____

Date: _____

Adult Reference/Mentor Signature: _____

Date: _____

I certify that all of the information provided in this application is true and complete to the best of my knowledge.